



## **Wealth Adviser**

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#### BY WEALTH ADVISER

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n the unpredictable world of investing, where the promise of high returns often dazzles, a quieter principle shines through: the "silver rule" of investing. Distinct from the "golden rule" that encourages chasing profits, the silver rule is elegantly simple—win by not losing. This philosophy centres on safeguarding your wealth rather than gambling it on speculative gains, a strategy that proves its worth during market corrections. Defined as a decline of 10% or more from a recent peak, market corrections are a regular feature of financial markets, testing the resolve of even the most seasoned investors.

For Australians, where superannuation forms the backbone of retirement planning, mastering this rule is vital. Corrections can rattle portfolios, spark emotional decisions, and threaten long-term goals. Yet, with the right knowledge and mindset, these downturns become manageable—even advantageous. This article explores how to embrace the silver rule by understanding market corrections, managing risks in superannuation, staying calm (whether as an adviser or individual investor), and putting this principle into practice. Our journey begins with a scenario: the market drops 15% in weeks, your investments shrink,

#### BEFORE YOU GET STARTED

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The real challenge lies in emotion. Behavioural finance reveals that losses sting twice as much as gains delight—a bias called loss aversion. This fuels panic selling, a costly mistake.

and panic looms. Do you sell, or hold firm? The silver rule lights the way—protect what you have, remain steady, and trust in time.

#### **Understanding Market Corrections**

A market correction is more than a statistic; it's a moment when asset prices fall 10% or more from their recent high, often driven by shifting economic winds or investor sentiment. Far from rare, corrections occur roughly every 18 to 24 months, distinguishing them from deeper crashes (declines of 20% or more). They're a natural part of the market's ebb and flow, yet their impact can feel anything but routine.

History offers perspective. The 1987 Black Monday crash saw the Australian share market plunge over 40% in a month, while the 2008 Global Financial Crisis (GFC) halved the ASX 200's value. In both cases, recovery followed—sometimes slow-ly—but it always came. As financial historian Peter Bernstein observed, "The stock market is a mechanism for transferring wealth from the impatient to the patient" (Bernstein, 1996). This highlights a truth: corrections are temporary setbacks, not permanent losses, for those who endure.

The real challenge lies in emotion. Behavioural finance reveals that losses sting twice as much as gains delight—a bias called loss aversion. This fuels panic selling, a costly mistake. A DALBAR study found that over 20 years, the average equity investor lagged the S&P 500 by nearly 2% annually, largely due to impulsive moves during downturns (DALBAR, 2020). Selling at a low locks in losses; holding steady preserves potential recovery.

Staying the course requires reframing corrections as opportunities. Warren Buffett's advice resonates here: "Be fearful when others are greedy, and greedy when others are fearful" (Buffett, 2008). When markets dip, quality assets often trade at discounts, rewarding those who resist fear. Understanding this cycle—its frequency, its history, and its psychology—equips investors to weather corrections with resilience, a cornerstone of the silver rule.

#### Risk Management in Superannuation

Superannuation is Australia's retirement lifeline, a longterm investment vehicle designed to grow over decades. Yet, its extended horizon doesn't shield it from market corrections. Protecting your super means identifying and managing its risks, ensuring it delivers when you retire.

Three risks stand out:

- Market volatility: Corrections can slash your balance, especially if heavily weighted in shares.
- Inflation: Rising prices erode your savings' real value over time.
- Longevity risk: Living longer than expected could deplete your super prematurely.

Diversification is a powerful defence. By spreading investments across shares, bonds, property, and cash, you cushion the blow of any single asset's decline. During the 2008 GFC, while shares tanked, bonds and cash steadied diversified portfolios. Pauline Vamos, a superannuation expert, emphasises this long game: "Super is a marathon, not a sprint. Regular check-ins keep you on track" (Vamos, 2019).

Asset allocation tailors this approach to your life stage. Younger investors, with decades ahead, can lean into shares for growth, riding out corrections. Those nearing retirement, however, should pivot to stability—bonds and cash—to shield their savings. The "100 minus age" rule offers a guide: a 60-year-old might hold 40% in shares, 60% in safer assets. Age isn't the only factor; risk tolerance and goals matter too.

Rebalancing keeps this balance intact. Market swings can skew your allocation—say, boosting shares to 50%—increasing risk. Selling winners and buying losers restores your target mix. Regular reviews, perhaps annually or after major corrections, ensure your super aligns with your needs. By managing these risks—volatility, inflation, and longevity—you protect your retirement nest egg, embodying the silver rule's focus on not losing.

#### Staying Calm as an Adviser

For financial advisers, market corrections are a test of leadership. Clients look to them for reassurance amid plunging markets, but staying calm is a skill that demands practice—for advisers and self-directed investors alike.

A long-term lens is key. Russell Investments advises, "Remind clients that corrections are temporary, and their portfolios are built for the long haul" (Russell Investments, 2021). Historical recoveries—like post-1987 or post-2008—back this up. Advisers who frame downturns as part of the journey help clients resist knee-jerk reactions.

Communication is the linchpin. Proactive outreach—explaining the correction's cause, its likely duration, and the portfolio's resilience—cuts through fear. A Vanguard study post-GFC showed advisers who stayed in touch retained





95% of clients, versus 75% for those who didn't (Vanguard, 2010). Clarity builds trust; silence breeds doubt.

Self-directed investors can adopt similar tactics. Avoiding daily portfolio checks curbs anxiety, while a pre-set plan—say, rebalancing quarterly—anchors decisions. Daniel Kahneman, a behavioural economist, puts it succinctly: "The best way to avoid mistakes is to have a plan and stick to it" (Kahneman, 2011). Whether guided by an adviser or yourself, calm opens doors—buying undervalued assets or simply waiting out the storm—turning volatility into opportunity.

#### The Silver Rule in Practice

The silver rule—"win by not losing"—is a practical philosophy, not just a slogan. It prioritises preserving capital over chasing gains, a strategy that shines during corrections. How does it work in real terms?

Low-volatility investments are a start. Government bonds, blue-chip stocks, and defensive sectors like utilities or healthcare weather downturns better. In the 2020 COVID-19 crash, the ASX 200 fell 36%, but stocks like Woolworths and Telstra held firmer, recovering faster. Christine Benz of Morningstar notes, "Cash isn't just a drag on returns—it's a stabiliser" (Benz, 2022). A cash buffer lets you cover costs or buy bargains without forced sales.

Safety nets, like stop-loss orders, cap losses by selling assets that drop below a set price. Use them wisely—overuse risks selling during fleeting dips. Diversification, a silver rule ally, spreads risk, while dollar-cost averaging—investing fixed sums regularly—buys more when prices dip. Together, these build a portfolio that endures.

Consider an example: during a correction, an investor with 10% cash and diversified holdings avoids selling low,

instead buying discounted ASX shares. Another, all-in on tech stocks, faces steeper losses. The silver rule favours the former—steady, protected, poised for recovery. It's about surviving to thrive.

#### Conclusion

Market corrections are certain; their damage isn't. Understanding their rhythm, securing your super, staying calm, and applying the silver rule transform turbulence into a test you can pass. This principle—winning by not losing—offers clarity: protect your wealth, and growth follows.

Ask yourself: Is your portfolio correction-ready? Do you have a strategy to hold steady? Benjamin Graham warned, "The investor's chief problem—and even his worst enemy—is likely to be himself" (Graham, 1949). With the silver rule, you become your own ally, ready for whatever the market brings.

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he global energy landscape is undergoing a seismic shift, driven by the resurgence of nuclear power and its primary fuel, uranium. While nuclear energy has long been a player in electricity generation, its growing prominence poses a direct challenge to the dominance of Big Oil—an industry that has shaped international politics and economics for decades. At the heart of this struggle lies the petrodollar system, a framework that has cemented the U.S. dollar's status as the world's reserve currency by tying global oil trade to the dollar. This article explores how uranium and nuclear energy threaten this system, examining the geopolitical and economic ramifications for Big Oil, the U.S., and the global order. From supply chain vulnerabilities to Australia's role as a uranium powerhouse, we'll uncover the forces at play and offer strategies for navigating this evolving landscape.

## The Petrodollar System and Big Oil's Dominance

The petrodollar system, established in the 1970s, is a cornerstone of U.S. economic power. Under this arrangement, major oil-producing nations, particularly in the Middle East,

agreed to price and sell their oil exclusively in U.S. dollars. In return, the U.S. provided military protection and economic support. This deal ensured that any country buying oil needed to hold dollars, creating constant global demand for the currency and reinforcing its status as the world's reserve currency.

Big Oil has thrived under this system, wielding immense influence over global markets and politics. Oil giants like ExxonMobil and Saudi Aramco have shaped energy policies, while oil-rich nations have amassed wealth and geopolitical leverage. The U.S., meanwhile, has benefited from the dollar's dominance, which allows it to borrow cheaply, run trade deficits, and exert economic pressure through sanctions (Eichengreen, 2011).

Nuclear energy, however, threatens to upend this order. By offering a reliable, high-capacity alternative to oil for electricity generation, nuclear power reduces dependence on fossil fuels. Countries that adopt nuclear energy can diversify their energy mix, cutting oil imports and weakening the demand for dollar-denominated oil trade. As nuclear power gains traction, the petrodollar's foundation—global reliance on oil—begins to erode, posing a direct challenge to Big Oil and the U.S. dollar's hegemony.



## **2** Geopolitical Risks in the Uranium Supply Chain

Uranium, the fuel that powers nuclear reactors, is central to this energy shift. However, its supply chain is fraught with geopolitical risks, making it a double-edged sword in the battle against Big Oil. The global uranium market is highly concentrated, with over 70% of supply coming from just three countries: Kazakhstan, Canada, and Australia (World Nuclear Association, 2023). Other producers, such as Niger and Namibia, play smaller but critical roles, often operating in politically unstable regions.

Geopolitical disruptions can quickly destabilize uranium supply. For example, the 2023 military coup in Niger halted operations at key mines, causing a temporary spike in uranium prices (Reuters, 2023). Similarly, Kazakhstan, which produces over 40% of the world's uranium, operates in a region influenced by Russian and Chinese interests, raising concerns about potential interference. These vulnerabilities expose a harsh reality: while nuclear energy challenges Big Oil, its own supply chain is far from secure.

Big Oil has a vested interest in exploiting these weaknesses. Oil giants and their allies in oil-dependent nations may seek to amplify uranium supply risks—through political pressure, economic sanctions, or even covert support for instability—to slow nuclear adoption. For instance, a sudden uranium shortage could delay reactor projects, forcing countries to fall back on oil and gas. This dynamic underscores the high-stakes geopolitical chess game, where nuclear energy's rise threatens not just Big Oil's profits but the entire petrodollar framework.

## Australia's Uranium Wealth and the Nuclear Opportunity

Australia sits at the heart of this geopolitical struggle. With over 30% of the world's uranium reserves, the country is a leading exporter, supplying nuclear fuel to nations like the U.S., China, and Japan (Australian Government, 2021). Yet, Australia has banned domestic nuclear power since 1998, a decision rooted in political and social resistance rather than economic logic.

This stance limits Australia's ability to challenge Big Oil directly. By exporting uranium without developing its own nuclear industry, Australia remains tethered to a fossil fuel-heavy energy grid, indirectly supporting the petrodollar system. If Australia embraced nuclear power, it could reduce its reliance on oil imports, strengthen energy independence, and position itself as a leader in the global energy transition. Such a move would send shockwaves through the oil industry, as other nations might follow suit, further eroding oil's dominance.

For Australian policymakers, the path forward involves overcoming public skepticism and investing in safe nuclear

technologies, such as small modular reactors (SMRs). These systems offer scalability and enhanced safety, making them a viable option for domestic use (International Energy Agency, 2022). By leveraging its uranium wealth, Australia could not only bolster its economy but also shift global energy dynamics, weakening Big Oil's grip and, by extension, the petrodollar's influence.

### **4** Economic Impacts: Shaking the Petrodollar's Foundation

The rise of nuclear energy has profound economic implications, particularly for the petrodollar system. As countries adopt nuclear power, their demand for oil decreases, reducing the volume of dollar-denominated oil trade. This shift threatens the U.S. dollar's status as the world's reserve currency, with far-reaching consequences.

A decline in oil demand could lead to a devaluation of the dollar, as global demand for the currency weakens. The U.S., which relies on the dollar's dominance to finance its debt and maintain economic influence, would face higher borrowing costs and reduced purchasing power (Eichengreen, 2011). Nations holding large dollar reserves, such as China and Japan, might diversify into other currencies, accelerating the dollar's decline.

Geopolitically, this shift could reshape global alliances. Oil-dependent nations like Saudi Arabia, long tied to the U.S. through the petrodollar deal, might seek new partners—such as China, which is heavily investing in nuclear technology. Already, there are signs of strain: Saudi Arabia has explored pricing oil in yuan, a move that would undermine the petrodollar (Financial Times, 2022). Nuclear energy accelerates this trend by reducing oil's strategic importance, giving countries greater freedom to pivot away from U.S. influence.

For investors, uranium markets offer both opportunity and risk. Prices have historically been volatile, swinging with geopolitical events (World Nuclear Association, 2023). A savvy investor might capitalise on this by investing in uranium mining stocks or ETFs, but diversification is key—pairing uranium bets with stakes in alternative energy sectors can mitigate risk. The broader lesson is clear: as nuclear energy disrupts Big Oil, the economic ripples will reshape global markets, challenging the petrodollar's dominance.

## **5** The Future: Nuclear Power and Global Power Shifts

Looking ahead, nuclear energy's trajectory points to a reordering of global power. The International Energy Agency projects that nuclear capacity could double by 2050, driven by innovations like SMRs and growing energy demands in developing nations (International Energy Agency, 2022). As uranium fuels this expansion, its geopolitical significance



will only increase, intensifying the rivalry with Big Oil.

For nations, the rise of nuclear power offers a chance to break free from oil dependence, weakening the petrodollar's grip. Countries like China and India, which are scaling up nuclear programs, could lead this shift, forming new energy alliances that exclude traditional oil powers (World Nuclear Association, 2023). The U.S., facing a declining dollar, might struggle to maintain its economic leverage, while oil-rich nations could see their influence wane.

Individuals can also adapt to this changing landscape. Exploring investments in nuclear-related industries—such as uranium mining or reactor technology—can offer long-term gains, though caution is warranted given the market's volatility. More broadly, staying informed about energy trends can help navigate economic shifts, from currency fluctuations to changes in energy costs.

In conclusion, uranium and nuclear energy are more than just alternatives to oil—they are catalysts for a geopolitical

and economic upheaval. By threatening Big Oil's dominance, they challenge the petrodollar system, paving the way for new power dynamics. Nations and individuals alike must approach this transition with foresight, seizing opportunities while managing risks, to thrive in a world where energy shapes destiny.

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#### BY WEALTH ADVISER

#### Introduction

Retirement is a milestone that many Australians look forward to—a time to relax, pursue passions, and enjoy the fruits of decades of hard work. Yet, for Generation X (those born between 1965 and 1980), the path to a secure retirement is less certain than it was for their parents. Economic shifts, evolving superannuation systems, and unique generational pressures have reshaped the retirement landscape. As Firstlinks observes in their article "Is Gen X Ready for Retirement?":

"Gen Xers are often referred to as the 'sandwich generation,' caught between supporting ageing parents and raising their own children, which can strain their ability to save for retirement."

This dual burden, combined with the fallout from events like the Global Financial Crisis (GFC) and the pandemic, has left many wondering if they'll have enough to retire comfortably. Unlike the Baby Boomers, who often relied on generous defined benefit pensions, Generation X depends on defined contribution superannuation, placing the onus on individuals to plan and invest wisely.

This article delves into the essentials of building a

resilient retirement: understanding readiness, managing risks, and maximising investment returns. Drawing on expert insights from Firstlinks, AdviserVoice, and Morningstar, we'll explore practical strategies to secure your financial future, tailored to the Australian context. Whether you're nearing retirement or just starting to think about it, this guide aims to equip you with the knowledge to face the challenges ahead.

#### **Understanding Retirement Readiness**

#### The State of Generation X

Generation X stands at a crossroads. Many are in their peak earning years, yet they face hurdles their predecessors largely avoided. Firstlinks notes:

"Many Gen Xers are entering their peak earning years, but they also face unique challenges that previous generations did not encounter to the same extent."

These challenges include higher debt levels, delayed home ownership due to soaring property prices, and the financial strain of supporting both children and ageing parents. The Australian Bureau of Statistics (ABS) reveals a stark reality: 40% of Australians aged 45–54 have less than \$100,000 in superannuation (ABS, 2023). This is a far cry from the \$640,000 that the Association of Superannuation



Funds of Australia (ASFA) estimates a couple needs for a "comfortable" retirement (ASFA, 2023).

The shift from defined benefit to defined contribution superannuation has also changed the game. Where past generations enjoyed guaranteed pensions, today's retirees must navigate market fluctuations and make their own investment choices—a responsibility that can feel daunting without proper guidance.

#### **Building a Strong Foundation**

Retirement readiness starts with three pillars: savings, superannuation, and planning. The earlier you begin, the better, thanks to the magic of compounding. As Firstlinks explains:

"The power of compounding means that even small contributions made early in one's career can grow significantly over time, providing a substantial nest egg for retirement."

For example, contributing an extra \$50 a week to super at age 40, with a 7% annual return, could grow to over \$70,000 by age 65—demonstrating how small steps can yield big results. However, for those who've delayed saving, catching up is still possible. Salary sacrificing into super, paying off high-interest debt, or exploring side hustles can accelerate progress.

Superannuation is central, but it's not the whole picture. Firstlinks advises:

"While superannuation is a key pillar of retirement planning, it should not be the only focus. Diversifying savings across different asset classes can provide additional security."

Consider options like shares, property, or even a simple savings account alongside super. The key is to start now—every dollar saved today is a step toward resilience tomorrow.

#### **Risk Management in Retirement**

#### The Risks Retirees Face

Accumulating wealth is only half the battle; preserving it through retirement is the other. AdviserVoice's "Risk and Retirement" outlines the key risks retirees must contend with:

"Retirees face a unique set of risks, including longevity risk, market risk, and inflation risk, all of which can erode the purchasing power of their savings over time."

- Longevity Risk: Australians are living longer—men to 83 and women to 85 on average (ABS, 2023). This means savings might need to last 30 years or more, raising the risk of outliving your money.
- **Market Risk:** A sudden drop in share prices or property values, like during the GFC or 2020 pandemic crash, can shrink your nest egg just when you need it most.
- Inflation Risk: Rising costs diminish what your savings

can buy. At an average inflation rate of 2-3% per year, \$100,000 today could be worth just \$55,000 in real terms after 20 years.

These risks don't exist in isolation. A market crash early in retirement, for instance, could force you to withdraw more from a depleted portfolio, amplifying longevity risk.

#### **Strategies for Mitigating Risk**

Managing these risks requires a proactive strategy. AdviserVoice champions diversification:

"Diversification across asset classes, such as equities, bonds, and real estate, can help mitigate market risk by reducing the impact of a downturn in any single asset class."

A balanced portfolio—say, 50% in growth assets like shares and 50% in defensive assets like bonds or cash—can cushion against volatility. The Reserve Bank of Australia (RBA) found that such portfolios cut volatility by 30% compared to all-equity holdings, offering stability without sacrificing all growth potential (RBA, 2021).

Asset allocation should evolve with age. In your 50s, a growth-focused mix might make sense, but as retirement nears, shifting toward conservative options like fixed income can protect your capital. Another tool is annuities, which AdviserVoice highlights:

"Annuities can provide a guaranteed income stream, reducing longevity risk, but they come with trade-offs, such as reduced flexibility and potential loss of capital."

Annuities lock in income but may limit access to funds or inheritance options, so weigh the pros and cons carefully. Regular financial check-ins—annually or after major life events—ensure your strategy stays on track.

#### **Maximising Investment Returns**

#### The Pitfalls of Insufficient Savings

Having too little saved doesn't just limit your retirement lifestyle—it can undermine your investments. Morningstar warns in "Is Not Having Enough Hurting Your Investment Returns?":

"Investors who feel they are behind on their retirement savings may be tempted to take on excessive risk in an attempt to 'catch up,' which can lead to suboptimal investment decisions."

This panic-driven approach—chasing high-risk stocks or timing the market—often backfires. The Productivity Commission found that Australians with lower super balances were 25% more likely to make impulsive investment switches, costing them returns over time (Productivity Commission, 2018).

#### **Strategies for Growing Wealth Wisely**

Maximising returns means playing the long game. Morningstar emphasises compounding:



"The power of compounding—reinvesting dividends and interest—can significantly boost long-term returns, but it requires patience and discipline."

Take Australian shares, known for generous dividends (4-5% annually). Reinvesting those dividends into an ASX 200 index fund, which has averaged 7-9% annual returns over 20 years (ASX, 2023), can turbocharge growth. A \$10,000 investment at 7% with reinvested dividends could grow to over \$38,000 in 20 years—nearly four times the initial sum.

Diversification boosts returns as well as safety. Morningstar advises:

"A diversified portfolio not only reduces risk but also provides exposure to different sources of return, increasing the likelihood of achieving financial goals."

Mixing shares, bonds, and perhaps property or infrastructure spreads your bets. Low-cost index funds are a smart pick for beginners, offering broad exposure with minimal fees. For those comfortable with more risk, alternative assets like real estate investment trusts (REITs) can add income and growth, though they require due diligence.

Consistency is king. Regular contributions, reinvesting earnings, and resisting the urge to panic-sell during down-turns build wealth over time. A financial adviser can help fine-tune your approach, ensuring it matches your goals and risk tolerance.

#### Conclusion

A secure retirement isn't guaranteed—it's crafted through preparation, protection, and smart investing. For Generation X, juggling family demands and economic uncertainty makes the task tougher, but the tools are within reach. Start with readiness: save early and diversify beyond super.

Manage risks with a balanced portfolio and tailored strategies like annuities. Maximise returns through compounding and disciplined investing.

The wisdom from Firstlinks, AdviserVoice, and Morningstar underscores a universal truth: retirement planning is an active process. Take charge today—boost your super, review your investments, or seek expert advice. Financial security isn't just about money; it's about the freedom to live your later years with confidence and peace.

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# **QLA**: Ask a Question

#### **Question 1:**

I'm worried about possible legislative changes. What are the potential effects of government policy changes on Age Pension eligibility?

Government policy changes can have a considerable impact on Age Pension eligibility and the amount retirees receive. Adjustments to the income and assets tests may alter the thresholds for qualifying for a full or part pension, meaning that even small increases in your assets or income could lead to reduced pension benefits. Changes to deeming rates for investment income can further affect how your financial resources are assessed for pension purposes. These modifications are usually implemented over time, giving retirees an opportunity to adjust their financial plans. While such policy changes are designed to maintain the sustainability of the pension system, they can create uncertainty for those relying on Age Pension income. Staying informed about these updates is essential for effective retirement planning.

Your financial adviser can provide guidance on how these potential changes might influence your financial situation and help you adjust your strategy accordingly.

#### **Question 2:**

My friend recently mentioned that investment bonds are a more tax-effective way to invest my money. I'm interested in understanding how they work and if they could be suitable for me?

Investment bonds are long-term investment vehicles that combine features of a managed fund and a life insurance policy. They are particularly appealing due to their tax-effective structure. The earnings within the bond are taxed at a maximum rate of 30%, and if you hold the bond for at least 10 years, withdrawals are generally tax-free. This can be advantageous for individuals on higher marginal tax rates. Additionally, you don't need to include the bond's earnings in your personal tax return each year if you adhere to the 10-year plan. Investment bonds offer flexibility, allowing for additional contributions (up to 125% of the previous year's contribution) without resetting the 10-year period. They can be useful for saving towards goals like building wealth for retirement, or estate planning, as they offer the ability to nominate beneficiaries. It's essential to consider factors such as fees, investment options, and your individual circumstances first. Consulting with a financial adviser can help determine if investment bonds are suitable for you.

#### Question 3:

Financial Advisers

What factors should be considered when transitioning from accumulation to pension phase superannuation?

Moving from the accumulation to the pension phase in superannuation can significantly impact your retirement income. In the pension phase, investment earnings are generally tax-free, and withdrawals are tax-free, which can enhance your cash flow during retirement. However, once your super is in pension phase, you are required to withdraw a minimum annual amount, which can affect the longevity of your funds if not managed carefully. It's important to assess your overall retirement income needs, other income sources, and investment strategy before making the transition. Timing is crucial, as delaying the move to the pension phase might allow for further capital growth in accumulation. Evaluating the balance between tax benefits and liquidity needs is essential for optimal retirement planning. Your financial adviser can assist in determining the most suitable time to transition, ensuring that your strategy aligns with your long-term retirement objectives.



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